

Essentials of Discipline

Dr. James Dobson



WHAT'S OK
WHAT'S NOT
WHAT WORKS



WHAT: 7-week course

To learn how to create healthy limits with discipline and follow through

WHEN: April 30 - June 11

10:00am-11:30am

WHERE: 37 Robinson St. Simcoe

WHO: Dads and / or Moms (with children 0-12 years old)

**Norfolk & Family
Pregnancy Resource Centre**

For more information or to register:

Call 519-428-2177 | Email info@norfolkpc.org | www.norfolkpc.org