



In our culture many lives have been impacted by abortion.

We have encountered many Women & Men who silently carry their pain from a past abortion.

While we recognize that not all people experience post-abortion grief, we know that some do.

If your past abortion experience is affecting you physically, emotionally or spiritually, the “Living in Color®” grief recovery program may be a healing opportunity for you.

Our desire at the Norfolk Pregnancy & Family Resource Centre (NPC) is to provide a place of hope & healing where we can talk about our brokenness and grief in a confidential setting.

*Your past does not need to shape your future.*

**FREE / CONFIDENTIAL 8 week program**

To Register: Call 519-428-2177 or  
email [info@norfolkpc.org](mailto:info@norfolkpc.org)